



Our High Meadow Community 'Thought for the Week'



Charlie Mackesy

Recent Government Announcement

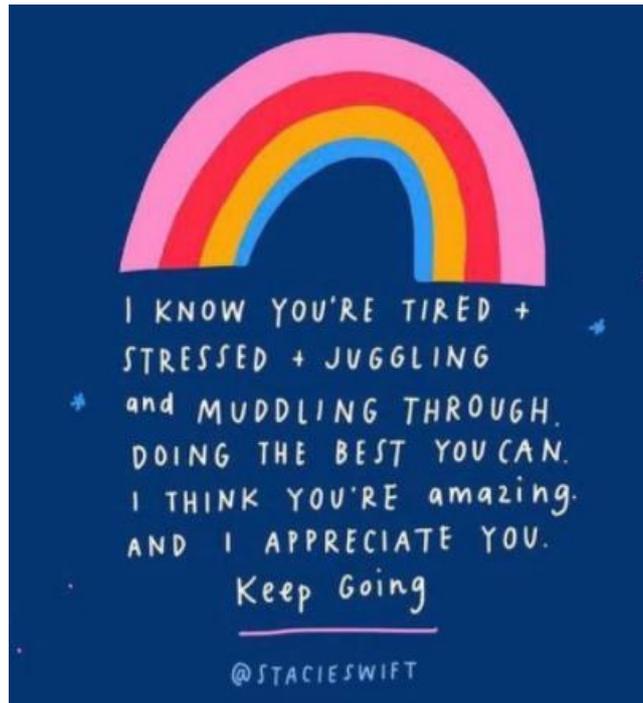
After the announcement in the week of a (potential phased) return to school from 8th March **AT THE EARLIEST**, I just wanted to say a huge thank you and WELL DONE to you all! Although the 8th March is still a few weeks away (and we want all the children back in school as much as you do) let's take a day at a time. If we focus on the 'here and now' it helps us to not become overwhelmed or anxious. Let's see the joy in the time we are sharing with our children and give ourselves permission to acknowledge that some days, it will be extremely challenging!

We are all so proud of everything you are all doing with your children at home, indeed I am such a proud headteacher sharing many, many examples of your amazing home learning with colleagues and the educational community. I am in awe of how you are juggling your homelife, family life, chores and home learning, you really are truly amazing. Please, please treat yourselves gently and with kindness.



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Support for you and your children during these challenging times

Warwickshire School Health and Wellbeing Service

Warwickshire School Health and Wellbeing Service (WSHWBS) is here to support school-age children and young people and parents/carers with any issues relating to health and wellbeing. Parents/carers can get advice from a nurse by texting Parentline, our confidential text messaging service, on **07520 619 376**, or by calling **03300 245 204**. We're available **Monday-Thursday 9am-5pm and Friday 9am-4.30pm**.

Family Lives

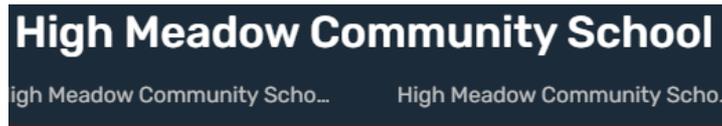
Family Lives is a service that provides guidance to families with issues including family breakdown, challenging relationships and behaviour, debt, and emotional and mental wellbeing. Their team are now working with WSHWBS to help provide a wider level of support for Warwickshire families. They can be contacted via their helpline on **0808 800 2222** – it's open **Monday-Friday 9am-9pm** and **weekends 10am-3pm**. You can also email askus@familylives.org.uk, start an online chat on their website, or speak to other parents in their online forum community.

The Family Support Line - 01926 412412 is also continuing to operate during the lockdown period offering advice, support and guidance for parents, carers and professionals.





[Local infection rates are dropping but still higher than North Warwickshire!](#)



COVID rate around school



It's great to see the infection rates in Coleshill and the surrounding areas starting to drop however, we are still far higher than North Warwickshire (This is Thursdays data) Please continue to follow National Guidance as the more we ALL take responsibility for following the rules, the quicker this lockdown will finish and the quicker we can have all of the children back in school.

Please remember we are STILL in full lockdown which means we CANNOT visit other people. We must stay home and only go out for shopping or a daily walk. Please do not take your child to visit their best friend in their home; this simply is not safe and is against what is stipulated in the guidelines. If your child is coming into school after visiting other friends, you are simply putting my staff and the other children in their key stage bubble, at risk!

[Please follow the latest Government Guidance!](#)
[Click below](#)

Guidance

National lockdown: Stay at Home

Coronavirus cases are rising rapidly across the country. Find out what you can and cannot do.



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What if a Key Stage bubble bursts in school!

As you are all now aware we had to close the Key Stage 2 bubble last week, as we had a child test positive for COVID. This week we have had a member of staff test positive for COVID too. If your child does come to school, please plan **NOW** for remote learning at home. If your child's key stage bubble bursts in school we will usually find out in the morning so if you plan now, you will already have a contingency in place.

Lateral Flow Testing for all Staff

We have now started Lateral Flow testing twice a week in school for staff. This regular testing may pick up positive results even if a member of staff is not showing symptoms. This could mean there is **a higher risk of bubbles bursting** as if any staff member in the key stage bubble tests positive, then the WHOLE BUBBLE has to isolate for 10 days. This means that your child will not be allowed in school and they will need to isolate at home. They will still need to engage in remote learning during the 10 day isolation period so please ensure you have plans in place if this happens.

Parent consultations – Wednesday 10th February – 9.30am – 4.00pm

Thank you to everyone who has signed up for the mid year parent consultations. They will be on ZOOM and as always, each consultation will last for 10 minutes. Usually we would use this consultation to share your child's books, etc which we are obviously unable to do with the current situation! However, as soon as we are ALL back in school, we will run an open afternoon where you can come along and browse through your child's books and learning. For this consultation we would also like to include your child too! In the past we have only had parents present for the consultation but in the current situation, we feel it would be really beneficial for your child to hear what their teacher is saying about their learning. With this in mind we would like your child to think about...

Two things they are proud of and enjoy learning about at school

One thing they would like to get better at doing in school

The class teacher will then talk about your child's academic progress and attainment and their behaviours and attitudes to learning too.

The booking in portal went 'live' on Monday 25th January at 12.00pm and will close on Monday 8th February at 9.00am. The consultations will run throughout the day from 9.30am until 4.00pm on ZOOM. There will be compulsory registration at 9.00am on that day and up to three hours (four hours for KS2) of remote learning will be set for the day for your child. There will be no LIVE teaching on that day as the class teacher will be in consultations all day.





Children's Mental Health Week

Next week is Children's Mental Health week and this year more than ever before, it is essential we acknowledge the challenges that lockdown may be having on our children's well-being. With this in mind, the teachers will be including links to an online assembly on Monday morning to launch the week and will then offer some activities to help us all support our children's well-being. Please check out your class weekly timetable for more information.



Keeping Your Child Safe Online

A gentle reminder to please help your child keep safe online. Please click below to find information on how to set up parental safety controls etc and guidance on age appropriate games for your children to engage in too.

The screenshot shows the NSPCC website header with the logo and the tagline 'EVERY CHILDHOOD IS WORTH FIGHTING FOR'. A navigation menu includes 'What is child abuse?', 'Keeping children safe', 'Support us', 'About us', 'Coronavirus advice', 'Helpline', and 'Search'. The main content area is titled 'Online safety' and contains the text: 'It can be hard to know how to talk to your child about online safety. From setting up parental controls to advice on sexting, online games and video apps, we can help you to understand the risks and keep your child safe.'





[Warwickshire COVID Advice and Updates](#)

Click on the picture below for more information



Thank you for all of your continued support,

Please stay safe, please stay home.

Kindest regards

Mrs Debby Hughes – Head teacher head2569@welearn365.com

Mr Jonathan Smith – Chair of Governors governors2569@welearn365.com

