

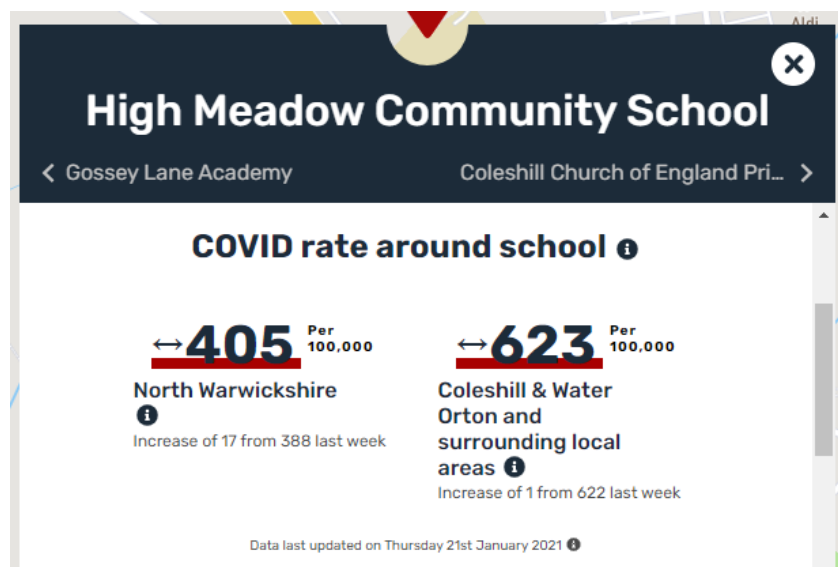


Our High Meadow Community 'Thought for the Week'



Charlie Mackesy

Infection Rates Continue to Rise!



As you can see, the infection rates in Coleshill and the surrounding areas are far higher than North Warwickshire and are up again on last week (This is Thursdays data)





Please continue to follow national Guidance as the more WE all take responsibility for following the rules, the quicker this lockdown will finish and the quicker we can have all of the children back in school.

Please remember we are in full lockdown which means we CANNOT visit other people. We must stay home and only go out for shopping or a daily walk. Please do not take your child to visit their best friend in their home; this simply is not safe and is against what is stipulated in the guidelines. If your child is coming into school after visiting other friends, you are simply putting my staff and the other children in their key stage bubble, at risk!

Please, if your circumstances change at home and you can now have your child at home then let us know. All our spaces in school have now been taken but we still have families who need spaces.

Please follow Government Guidance!

Summary: what you can and cannot do during the national lockdown

You must stay at home. The single most important action we can all take is to stay at home to protect the NHS and save lives.

You should follow this guidance immediately. This is [the law](#).

Leaving home

You must not leave, or be outside of your home except where necessary. You may leave the home to:

- shop for basic necessities, for you or a vulnerable person
- go to work, or provide voluntary or charitable services, if you cannot reasonably do so from home
- exercise with your household (or support bubble) or one other person (in which case you should stay [2m apart](#)). Exercise should be limited to once per day, and you should not travel outside your local area.





- meet your [support bubble](#) or [childcare bubble](#) where necessary, but only if you are legally permitted to form one
- seek medical assistance or avoid injury, illness or risk of harm (including domestic abuse)
- attend education or childcare - for those eligible

If you do leave home for a permitted reason, you should always stay local - unless it is necessary to go further, for example to go to work. Stay local means stay in the village, town, or part of the city where you live.

If you are [clinically extremely vulnerable](#) you are advised to only go out for medical appointments, exercise or if it is essential. We recommend that you do not attend work

Meeting others

You cannot leave your home to meet socially with anyone you do not live with or are not in a [support bubble](#) with (if you are legally permitted to form one).

You may exercise on your own, with one other person, or with your household or support bubble. This should be limited to once per day, and you should not travel outside your local area.

You cannot meet other people you do not live with, or have not formed a support bubble with, unless for a permitted reason.

[Stay 2 metres apart](#) from anyone not in your household or support bubble.

What if a Key Stage bubble bursts in school!

As you are all now aware, on Thursday we had to close the Key Stage 2 bubble as we had a child test positive for COVID. If your child does come to school, please plan **NOW** for remote learning at home. If your child's key stage bubble bursts in school we will usually find out in the morning so if you plan now, you will already have a contingency in place.



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Lateral Flow Testing for all Staff

The Government have asked that all Primary schools begin lateral flow testing for all staff from next week. This regular testing may pick up positive results even if a member of staff is not showing symptoms. This could mean there is **a higher risk of bubbles bursting** as if any staff member in the key stage bubble tests positive, then the WHOLE BUBBLE has to isolate for 10 days. This means that your child will not be allowed in school and they will need to isolate at home. They will still need to engage in remote learning during the 10 day isolation period so please ensure you have enough devices now. Please plan for this scenario now.

Parent consultations – Wednesday 10th February – 9.30am – 4.00pm

Can you believe that we are only three weeks away from being half way through this academic year!!!! With this in mind, today we emailed a letter and instructions for you to sign up for the mid year parent consultations. They will be on ZOOM and as always, each consultation will last for 10 minutes. Usually we would use this consultation to share your child's books, etc which we are obviously unable to do with the current situation! However, as soon as we are ALL back in school, we will run an open afternoon where you can come along and browse through your child's books and learning. For this consultation we would also like to include your child too! In the past we have only had parents present for the consultation but in the current situation, we feel it would be really beneficial for your child to hear what their teacher is saying about their learning. With this in mind we would like your child to think about...

Two things they are proud of and enjoy learning about at school

One thing they would like to get better at doing in school

The class teacher will then talk about your child's academic progress and attainment and their behaviours and attitudes to learning too.

The booking in portal will go 'live' on Monday 25th January at 12.00pm and close on Monday 8th February at 9.00am. The consultations will run throughout the day from 9.30am until 4.00pm on ZOOM. There will be compulsory registration at 9.00am on that day and up to three hours (four hours for KS2) of remote learning will be set for the day for your child. There will be no LIVE teaching on that day as the class teacher will be in consultations all day.

Support for you and your children during these challenging times

Warwickshire School Health and Wellbeing Service

Warwickshire School Health and Wellbeing Service (WSHWBS) is here to support school-age children and young people and parents/carers with any issues relating to health and





wellbeing. Parents/carers can get advice from a nurse by texting Parentline, our confidential text messaging service, on **07520 619 376**, or by calling **03300 245 204**. We're available **Monday-Thursday 9am-5pm and Friday 9am-4.30pm**.

Family Lives

Family Lives is a service that provides guidance to families with issues including family breakdown, challenging relationships and behaviour, debt, and emotional and mental wellbeing. Their team are now working with WSHWBS to help provide a wider level of support for Warwickshire families. They can be contacted via their helpline on **0808 800 2222** – it's open **Monday-Friday 9am-9pm** and **weekends 10am-3pm**. You can also email askus@familylives.org.uk, start an online chat on their website, or speak to other parents in their online forum community.

The Family Support Line - 01926 412412 is also continuing to operate during the lockdown period offering advice, support and guidance for parents, carers and professionals.

Warwickshire COVID Advice and Updates

Click on the picture below for more information



Thank you for all of your continued support for the daily remote teaching. You are all doing great 😊

Kindest regards

Mrs Debby Hughes – Head teacher head2569@welearn365.com

Mr Jonathan Smith – Chair of Governors governors2569@welearn365.com

