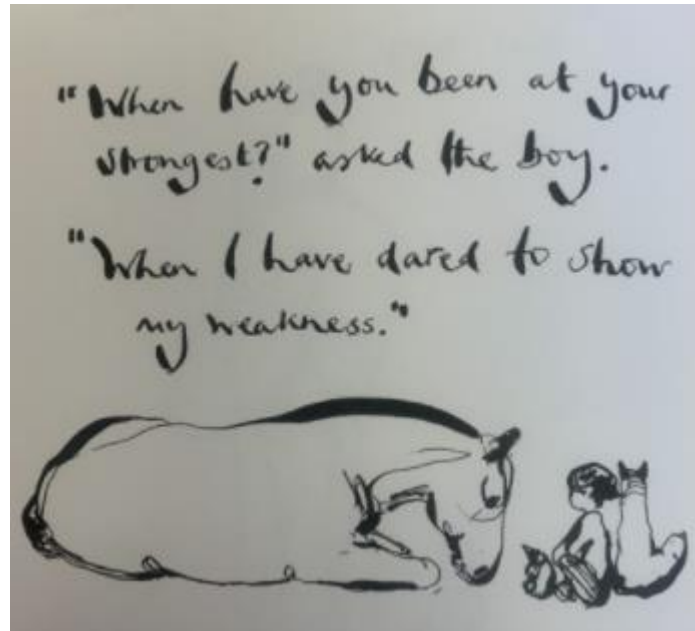




Our High Meadow Community 'Thought for the Week'



Charlie Mackesy

Wow, what a start to 2021!

It goes without saying that this has been an unprecedented start to 2021 but I wanted to start my newsletter with a HUGE thank you! Thank you to everyone in our wonderful school community who have, once again, stood shoulder to shoulder with my team and I. Thank you for responding to the email I sent on Tuesday with such kindness, empathy and compassion; I felt like you had sent us all a huge, warm, virtual hug! Thank you, once again to my amazing staff team who continue to go above and beyond, embracing change with resilience and a smile and turning up every single day even in the knowledge that COVID infection rates continue to rise in our local community as well as nationally. And thank you to YOU! You are amazing! I have said many times before and will continue to do so but I feel so blessed to be surrounded by such amazing families. You have shown such flexibility, resilience and understanding since the Prime Ministers announcement on Monday! You have all taken a big deep breath and thrown yourself, once again into the challenges of remote learning but this time with the added pressures of LIVE registration and a minimum of 3 hours learning a day; all instigated by the Government it has to be said! Thank you, thank you, thank you, the governors, my staff and I really appreciate and value everything you are doing x



Artsmark
Gold Award
Awarded by Arts
Council England



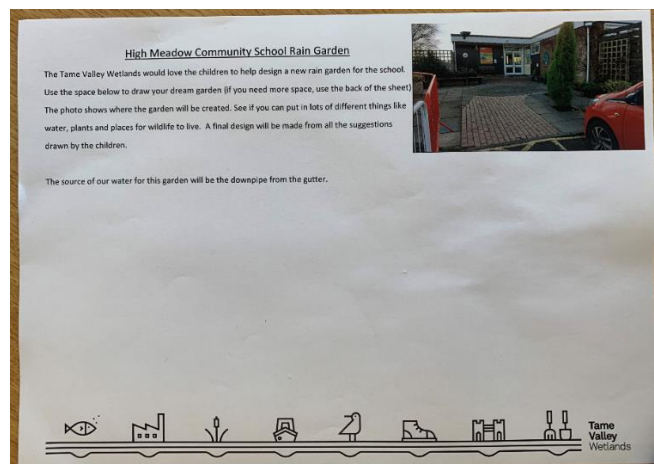


Tame Valley Rain Garden Competition

We sent this competition out on the last day of the term and would love to receive any entries that your child may have been working on over the break.

The objective of the rain garden is for children to see just how easy it is to recycle water to feed our natural world. We would love to create the garden at the entrance to the main school building, just before you come to the school office.

Please either email us a photo of your child's design or pop it into the post box on the front gate by Monday 11th January. Please ensure your child's name and class are clearly written on the back of the entry sheet. There will be a prize for the winning entry, good luck!





[Support for you and your children during these challenging times](#)

Warwickshire School Health and Wellbeing Service

Warwickshire School Health and Wellbeing Service (WSHWBS) is here to support school-age children and young people and parents/carers with any issues relating to health and wellbeing. Parents/carers can get advice from a nurse by texting Parentline, our confidential text messaging service, on **07520 619 376**, or by calling **03300 245 204**. We're available **Monday-Thursday 9am-5pm and Friday 9am-4.30pm**.

Family Lives

Family Lives is a service that provides guidance to families with issues including family breakdown, challenging relationships and behaviour, debt, and emotional and mental wellbeing. Their team are now working with WSHWBS to help provide a wider level of support for Warwickshire families. They can be contacted via their helpline on **0808 800 2222** – it's open **Monday-Friday 9am-9pm** and **weekends 10am-3pm**. You can also email askus@familylives.org.uk, start an online chat on their website, or speak to other parents in their online forum community.

The Family Support Line - 01926 412412 is also continuing to operate during the lockdown period offering advice, support and guidance for parents, carers and professionals.

[Warwickshire COVID Advice and Updates](#)

Click on the picture below for more information



Kindest regards

Mrs Debby Hughes – Head teacher head2569@welearn365.com

Mr Jonathan Smith – Chair of Governors governors2569@welearn365.com

