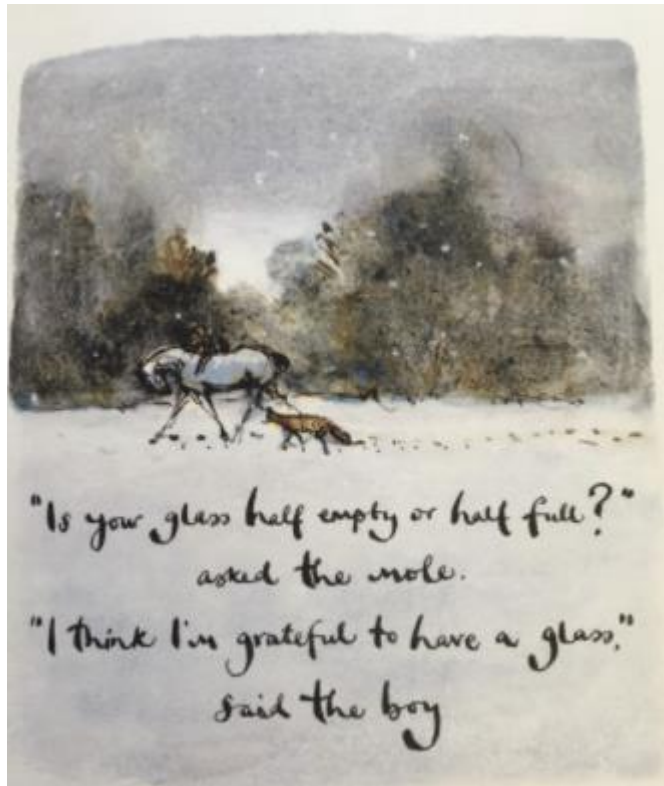




Our High Meadow Community 'Thought for the Week'



Charlie Mackesy

A gentle reminder about snacks for breacktime

Please remember that we like to encourage a healthy snack for breacktime so please **only** send in fruit or vegetables for your child's morning snack. **Please do not send cereal bars, crisps, nuts, chocolate bars etc.** We will continue to have Chocolate Friday where children get to choose a chocolate bar from the class tray. Thank you to the families who have paid online for this. If your child does not currently have Chocolate Friday then please pay online via the school gateway.

Reminder about Deli Bags

Please remember to talk to your child each day, **BEFORE** they come to school about their deli bag choice. Teachers will expect a swift response when they ask what your child would like for lunch, either a HOT deili bag or a COLD deli bag.



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Could I also please ask that you check that your child has a packet of anti bac wet wipes in their bookbag every day as they are working through them quite quickly! Thank you for your support in this.

Coughs, colds and sneezes!

The autumn term is here again with coughs, colds and sneezes as par for the course, HOWEVER, these are not ordinary times! I am sure you will appreciate, school guidance is very clear that any children displaying symptoms of COVID19 must be sent home to be tested. As we are not medical professionals, it is difficult for us to determine whether a child has cold or COVID symptoms so, to keep the whole school community safe we WILL call you and ask you to take your child to be tested if they show ANY ONE of the symptoms outlined on the NHS website. These are ...

a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)

a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)

a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Most people with coronavirus have at **least 1** of these symptoms.

You can find out more here...

<https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>

Thank you!

Thank you to everyone for the smooth running of the drop off system in the morning. It appears to be working smoothly so we are going to continue with these times.

Timings	Year groups
8.40am – 8.45am Car AND foot drop off	KS2, Years 3 and 4
8.45am – 8.55am	Early years, Nursery and Reception
8.55am – 9.00am	KS1, Years 1 and 2

A gentle reminder to KS2 to please not arrive at the school gates in your car **before 8.35am** as we will not be opening the gate until 8.40am as detailed in the timings above.





Our Value for this half term is 'Generosity'

GENEROSITY

'God loves a cheerful giver.'

2 Corinthians 9.7

QUOTES & QUESTIONS

Real generosity is doing something nice for someone who will never find out. *(Frank A Clark)*

"If you can't feed a hundred people, then just feed one." *(Mother Teresa)*

Have you ever been generous without telling anyone?

Remember one small way you have shown generosity to one person. (You don't always have to do big things for lots of people.)

A community flourishes when people plant trees under which they will never sit. *(A Greek proverb)*

Use what talent you possess; the woods would be very silent if no birds sang except those who sang best. *(Henry Van Dyke)*

When has your generosity served to help future generations?

Have you ever been put off doing what you are able to do because someone might be able to do it better?

Our Personal, Social and Emotional 'Jigsaw' theme for this half term is

'Being Me in My World'

We are learning to...

- Help others to feel welcome
- Help make our school community a better place
 - Think about everyone's right to learn
 - Care about other people's feelings
 - Work well with others
- Follow the Behaviour Rules – Safe, Ready and Respectful

Educational Events and Activities – Autumn Term 2020 Version 1

October 2020

Date	Time	Activity
Wednesday 7 th October	12.30pm – 6.00pm	Pre-booked ZOOM parent consultations
Monday 12 th October	3.15pm – 4.00pm	Final Confident Kids session for first 15 Year 4 children
Thursday 22 nd October	Timings TBC	ZOOM Feed Our Friends Festival

- HALF TERM HOLIDAYS – Monday 26th October to Friday 30th October Inclusive



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- TEACHER TRAINING DAY – Monday 2ND November 2020
- BACK TO SCHOOL - Tuesday 3rd November 2020

Kindest regards

Mrs Debby Hughes – Head teacher head2569@welearn365.com

Mr Jonathan Smith – Chair of Governors governors2569@welearn365.com



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