

High Meadow Infant School PE and Sports Premium Grant 2018/19

The PE and Sports Premium Grant is a grant that is allocated to all schools and is topped up by a 'per pupil' element. Our grant allocation for this academic year is **£16,600**. The premium must be spent by schools on making additional and sustainable improvements to the **quality** of PE, **physical activity** and sport for the benefit of all pupils to encourage the development of healthy, active lifestyles.

Schools should publish the amount of premium received; a full breakdown of how it has been spent (or will be spent); what impact the school has seen on pupils' PE, physical activity and sport participation and attainment and how the improvements will be sustainable in the future. Schools should also consider how their use of the premium is giving pupils the opportunity to develop a healthy, active lifestyle.

Academic Year 2018/2019: Funding £16,600				
PE and Sport Premium key outcome indicator	School focus/planned IMPACT on pupils	Actions to achieve	Actual spend	Evidence
Increased opportunities for children to engage in activities which focus on how we move, play, stretch, feel, breathe, believe and relax.	Children will develop the skills and strategies for relaxation techniques, visualizations, breathing exercises, games, massage and exercise.	Every child will have access to 6 x one hour FREE workshops delivered by fully qualified RELAX KIDS practitioner	£1,200.00	Teacher, child and parent feedback. Children able to articulate how to manage stress through exercise and relaxation
Increased opportunities for children to engage in a range of physical activities which they may not otherwise have access to.	Multi-Sport activities will be offered to increase children's levels of fitness	Every child will have access to 6 x one hour FREE workshops delivered by fully qualified Multi-Sports coach	£2,100.00	Children's ability to complete repeated activities will increase from their initial baselines.
Increased opportunities for children to participate in competitive sports	Increased feeling of successful teamwork and achievements	Participate in football and gymnastics local competitions	£150.00	At least 2 football and gymnastics tournaments participation per year
Planned opportunities for active participation in outdoor physical activities through Forest Schools	Increased desire to be active outside whatever the weather! Increased desire to take safe risks and try new experiences	Fully trained and experienced Forest School Ranger delivering outdoor learning curriculum X 1 and a half days a week.	£12,600.00	All YR, Y1 and Y2 children participate in Forest School sessions in our High Meadow Woodlands every Wednesday throughout the Year.
To update playtime equipment	Access to age appropriate and engaging playtime equipment	New hoops New balls and bats	£500.00	Purchase of equipment
TOTAL SPEND £16,550.00				

