

RE: Year 3 – What does it mean to be a Hindu in Britain today?

Key Vocabulary

Aarti	Light in darkness.
Bhajans	Songs and music used in worship.
Puja	Hindu worship or prayer. The ceremony uses all five senses.
Reincarnation	The rebirth of a soul in another body.
Dharma	Religious or moral duty.
Artha	Economic independence and providing for family.
Moksha	Ultimate liberation from the cycle of birth and death, and reunion with God.
Karma	A person's actions having an effect on their future fate.
Bhagavad Gita	700-verse Hindu scripture
Murtis	The statues or images of the Hindu deities.
Deity	A Hindu word for a god.

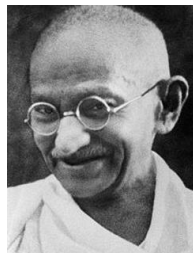
Objectives

- To describe how Hindus show their faith, and make connections with some Hindu beliefs and teachings about aims and duties in life.
- To describe some ways in which Hindus express their faith through puja, aarti and bhajans.
- To suggest why being a Hindu is a good thing in Britain today, and why it might be hard sometimes.
- To discuss links between the actions of Hindus in helping others and ways in which people of other faiths and beliefs help others.

Significant People

Mahatma Gandhi

Ghandi was a very influential man. He was born in 1869 in India. He had a career in law and was a political campaigner tackling injustice (unfairness) wherever he found it. He was a man of peace and spirituality. He did not believe in using violence to solve problems.



Key Beliefs

God exists in everything so it is important to respect all living things.

Life is like a journey. You must follow your aims and duties to stay on your life's path and follow the journey.

Life is a cycle of birth, death and rebirth.

Every action we make has an effect or consequence called Karma.

Hindus believe in one god that can take the form of many different deities.

Worship of God helps to lighten the mind – light removes darkness.

Key Questions

What is important in a Hindu life?

How do Hindus show their faith?

Why is Mahatma Gandhi a Hindu Hero?

What is it like to be a Hindu in Britain today?